Northbound thru-hikers should ideally plan on reaching Canada by mid September. Washington in September can be wet and the later in the month you hike the more cold, foggy, and rainy the weather may be. If you are still hiking after mid September be especially aware of weather forecasts, don't hike solo, let others know your hiking plans, upgrade rain gear, carry paper maps of a larger area than just the PCT (smartphones may not work in the rain and cold), carry extra food, and make good decisions. Dangerous winter snowstorms with several feet (or more) of snow happen by October 1st about 20% of the time. Sometimes the heavy snow does not happen until mid or late October. Most hikes will end when the heavy snow arrives or alternate lower elevation routes might be an option. Ultralight thru-hiking gear is not well-suited for Washington sections of the PCT when it is covered with many feet of snow — winter mountaineering gear and skills will be needed. In the past few years several PCT thru-hikers have been stranded in Washington by snowstorms for more than a week and many others have required rescue.

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Leave No Trace

Leave No Trace (LNT) is a set of principles designed to cultivate outdoor ethics and protect the natural integrity of our land. By following and promoting LNT, you blend your hike with the natural environment and lessen your impact on the trail and the world.

The basic principles of LNT
* Plan Ahead and Prepare
* Travel and Camp on Durable Surfaces
* Dispose of Trash and Waste Properly
* Leave What You Find
* Minimize Campfire Impact
* Respect Wildlife
* Be Considerate of Other Visitors

For more information on LNT visit the Leave No Trace Center For Outdoor Ethics at www.LNT.org
WATER Alert: Next southbound water after Rock Creek may the seasonal tributary of Cedar Creek in 11.4 miles.
TroutCreekTrib - Small seasonal tributary of Trout Creek. - mi 2175.6 - 1670 ft
TroutCreekTrib2 - Larger tributary of Trout Creek with a wooden bridge. - mi 2176.4 - 1301 ft
TroutCreek - Trout Creek, bridge, campsite, paved Road 43 nearby. - mi 2176.6 - 1195 ft
RD2177 - PCT joins an unpaved road. - mi 2177.4 - 1156 ft
RD2177B - PCT departs the unpaved road on a trail. - mi 2177.5 - 1152 ft
Road400 - PCT joins unpaved Road 400. - mi 2177.5 - 1141 ft
Road400-2 - PCT departs the unpaved Road 400. - mi 2177.6 - 1144 ft
BunkerHillTR - Bunker Hill Trail #145 junction - mi 2178 - 1216 ft
LittleSodaSpringRD - Paved Little Soda Spring Road. - mi 2179.4 - 966 ft
WindRiver - Wind River, wooden bridge. - mi 2179.7 - 942 ft
WindRiverRD - Paved Wind River Road - mi 2179.9 - 1032 ft
WarrenGapRD - Unpaved Warren Gap Road - mi 2180.8 - 1191 ft
WA2181 - Small seasonal stream - mi 2181.3 - 1195 ft
WA2182 - Creek - mi 2181.6 - 1076 ft

Map created with TOPO! ©2008 National Geographic
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BlueLakeCS - Sign for designated campsite near Blue Lake. - mi 2205.1 - 4669 ft

BlueLake - Blue Lake. Camping is allowed only at 9 designated sites, first come first serve, no camping within 250 feet of the lake. - mi 2205.2 - 4634 ft

EastCraterTR - East Crater Trail #48 junction - mi 2207.1 - 4775 ft

LemeiLakeTR - Lemei Lake Trail #179 junction - mi 2207.2 - 4743 ft

BearLake - Bear Lake, established campsites around lake, less popular with weekend hikers than Blue Lake to the S. - mi 2208.2 - 4791 ft

IndianHeavenTR - Indian Heaven Trail #33 junction - mi 2208.9 - 4897 ft

Contour interval 40 feet

1:31,680   1" = 1/2 mile

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IndianHeavenTR - Indian Heaven Trail #33 junction - mi 2208.9 - 4897 ft
PlacidLakeTR - Placid Lake Trail #29 junction - mi 2209.9 - 5000 ft
WoodLakeTR - Wood Lake Trail #185, Cultus Creek Trail #108 junctions - mi 2210.8 - 5140 ft
SawtoothMountainTR - Sawtooth Mountain Trail #107 Junction - mi 2212.1 - 4852 ft
SawtoothMountainTR2 - Sawtooth Mountain Trail #107 second junction - mi 2213.5 - 4591 ft
IndianHeavenWild - Indian Heaven Wilderness boundary - mi 2213.5 - 4579 ft

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IndianHeavenWild - Indian Heaven Wilderness boundary - mi 2213.5 - 4579 ft
TwinButtesRD - Unpaved Twin Buttes Road, trailhead parking nearby. - mi 2214.7 - 4269 ft
RD2215 - Unpaved jeep road - mi 2215 - 4281 ft
Road8851 - Paved Road 8851 - mi 2218.5 - 3921 ft
MosquitoCreek - Mosquito Creek with a footbridge. - mi 2218.6 - 3892 ft
CS2219 - Large campsite - mi 2218.7 - 3904 ft
MosquitoCreekTrib - Tributary of Mosquito Creek. - mi 2219.6 - 3987 ft
SteamboatLakeCreek - Creek below Steamboat Lake, Steamboat Lake Trail #70 just E of creek, established campsites on lake's eastern shore, campground at N end of lake with outhouse. - mi 2221.3 - 4014 ft

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contour interval 40 feet
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ForestRoad88 - Paved Forest Road 88 at Grand Meadows Trailhead. - mi 2223.4 - 3482 ft
TroutLakeCreek - Trout Lake Creek, wooden bridge, campsite nearby. - mi 2223.8 - 3318 ft
Road8810 - Unpaved Forest Road 8810. - mi 2225.7 - 4146 ft
Road8810-2 - PCT joins an unpaved Road 8810. second crossing, for 200 feet to Road 23. - mi 2228.8 - 3874 ft
Road23 - Cross paved Road 23, access to the community of Trout Lake, PCT departs road onto a trail. - mi 2228.9 - 3849 ft
Trout Lake - Trout Lake [mi 2228.9] is a small town 13.8 miles S of the PCT on paved Forest Road 23 that has a restaurant, lodging, small grocery store and Post Office [509-395-2108]. The Trout Lake Grocery (open 8-8 daily, 509-395-2777) accepts hiker resupply packages, and rents rooms. For more info see: troutlakewashington.com/pacific-crest-trail-hiker-information

Ship resupply packages to:
(Your Name)
oc/o Trout Lake Grocery
PO Box 132
Trout Lake, WA 98650

Trout Lake Post Office [open M-F 9:30-12:30 & 1-4]:
(Your Name)
oc/o General Delivery
Trout Lake, WA 98650

WhiteSalmonTrib - Tributary of the White Salmon River, wooden bridge. - mi 2228.9 - 3835 ft
CS2229 - Campsite - mi 2229 - 3849 ft
Road521 - Unpaved Road 521, small unpaved parking area. - mi 2229.7 - 4021 ft
SwampyCreek - Headwaters of Swampy Creek, wooden bridge, campsites nearby. - mi 2229.9 - 4084 ft
MountAdamsWild - Mount Adams Wilderness boundary - mi 2230.1 - 4181 ft

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Road521 - Unpaved Road 521, small unpaved parking area. - mi 2229.7 - 4021 ft
SwampyCreek - Headwaters of Swampy Creek, wooden bridge, campsites nearby.
MountAdamsWild - Mount Adams Wilderness boundary - mi 2230.1 - 4181 ft
RileyShortcutTR - Riley Shortcut Trail #64 junction - mi 2231.2 - 4491 ft
TR2232 - Trail junction to water - mi 2232.5 - 4819 ft
WA2232 - Small spring below the trail. - mi 2232.5 - 4820 ft
CS2235 - Campsite - mi 2234.5 - 5639 ft
StagmanRidgeTR - Stagman Ridge Trail #12 junction - mi 2235.1 - 5812 ft
SheepLake2 - Sheep Lake, campsite. - mi 2239 - 5783 ft
RileyCreek - Riley Creek - mi 2239.1 - 5764 ft
RileyCampTR - Riley Camp Trail #64 junction. Camp is 1/2 mile off-trail. - mi 2239.3 - 5743 ft
WA2239 - Small seasonal creek - mi 2239.4 - 5751 ft
CS2240 - Several campsites - mi 2240.4 - 5878 ft
MuttonCreek - Trail side Mutton Creek - mi 2240.4 - 5893 ft
WA2241 - Stream - mi 2241.5 - 6078 ft
LewisRiver - Lewis River - mi 2241.7 - 6065 ft
DivideCampTR - Divide Camp Trail #112 junction - mi 2242.1 - 6021 ft
WA2243 - Small pond - mi 2243.1 - 6139 ft
HighCampTR - High Camp Trail #10 junction - mi 2243.4 - 6115 ft
KillenCreek - Killen Creek, wooden bridge - mi 2244.3 - 5924 ft
HighlineTR - Highline Trail #114 junction - mi 2244.5 - 5918 ft
WA2245 - Small lake - mi 2244.9 - 5812 ft

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CS2260 - Campsite - mi 2260.4 - 5272 ft
WA2261 - Small stream, small campsites nearby. - mi 2260.7 - 5153 ft
WaluptLakeTR - Walupt Lake Trail #101 junction - mi 2264.6 - 4964 ft
WA2266 - Small seasonal stream. - mi 2265.8 - 5396 ft
Walupt Creek - Seasonal Walupt Creek, small campsite. - mi 2268.7 - 5577 ft
Sheep Lake 3 - Sheep Lake - mi 2269.3 - 5752 ft
Nannie Ridge TR - Nannie Ridge Trail #98 junction - mi 2269.4 - 5765 ft
Yakama Reservation - Yakama Indian Reservation. Please stay on the trail. Trespassing and hunting prohibited on tribal lands for the next mile northbound to Cispus Pass. - mi 2270.9 - 6097 ft
Cispus Pass - Cispus Pass. Please stay on the trail. Trespassing and hunting prohibited on Yakama Indian Reservation tribal lands for the next mile southbound. - mi 2271.7 - 6474 ft
Cispus River - Cispus River - mi 2272.4 - 6146 ft
Cispus River Trib - Tributary of the Cispus River. - mi 2272.9 - 5983 ft
CS2274 - Campsite - mi 2273.6 - 6011 ft
CS2274B - Campsite - mi 2274 - 5971 ft
Bypass TR - Bypass Trail #97 junction - mi 2274 - 5964 ft
CS2275 - Campsite - mi 2274.6 - 6148 ft
Snowgrass TR - Snowgrass Trail #96 junction - mi 2275 - 6404 ft

Contour interval 40 feet
1:31,680 1" = 1/2 mile
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SnowgrassTR - Snowgrass Trail #96 junction - mi 2275 - 6404 ft
CS2276 - Several exposed campsites - mi 2276.3 - 7015 ft
OldSnowyTR - Old Snowy PCT Alternate Trail junction - mi 2276.6 - ft
OldSnowyTR2 - PCT Old Snowy Alternate rejoins the PCT - mi 2277 - 7095 ft
CoyoteTR - Coyote Trail #79 junction - mi 2278.6 - 6690 ft
WA2279 - Seasonal stream - mi 2279.5 - 6234 ft
WA2280 - Seasonal stream - mi 2279.8 - 6039 ft
CS2280 - Campsite - mi 2279.9 - 6006 ft
WA2280B - Stream - mi 2280 - 5911 ft
CS2280B - Two small campsites - mi 2280.4 - 5733 ft
CS2281 - Campsite - mi 2281.1 - 5566 ft
LutzLake - Lutz Lake, campsite - mi 2282.3 - 5081 ft
NForkTietonTR - North Fork Tieton Trail #1118, Clear Fork Trail #61
WA2283 - Small stream 120 yards E of PCT - mi 2283.4 - 4785 ft
WA2284 - Small seasonal stream - mi 2283.5 - 4755 ft

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Contour interval 40 feet
1:31,680 1" = 1/2 mile
01/07/18
CoyoteTR - Coyote Trail #79 junction - mi 2278.6 - 6690 ft
WA2279 - Seasonal stream - mi 2279.5 - 6234 ft
WA2280 - Seasonal stream - mi 2279.8 - 6039 ft
CS2280 - Campsite - mi 2279.9 - 6006 ft
WA2280B - Stream - mi 2280 - 5911 ft
CS2280B - Two small campsites - mi 2280.4 - 5733 ft
CS2281 - Campsite - mi 2281.1 - 5566 ft
LutzLake - Lutz Lake, campsite. - mi 2282.3 - 5081 ft
TietonPass - Campsite at Tieton Pass, small seasonal spring 1/10 mile E on side trail and 200 feet W down hill, both may be dry late season. - mi 2283.3 - 4807 ft
NForkTietonTR - North Fork Tieton Trail #1118, Clear Fork Trail #61 junctions - mi 2283.4 - 4778 ft
WA2283 - Small stream 120 yards E of PCT - mi 2283.4 - 4755 ft
WA2284 - Small seasonal stream - mi 2283.5 - 4755 ft
HiddenSpringTR - Hidden Spring Trail #1117 junction - mi 2286.7 - 5556 ft
HiddenSpring - Hidden Spring, 3/10 mile E of PCT. - mi 2286.7 - 5433 ft
ShoeLakeTR - Shoe Lake Trail #1119 junction. No camping or fires in Shoe Lake Basin. Grazing, hitching, or tethering of stock within 200 ft of lake is prohibited. - mi 2287.6 - 6104 ft
ShoeLakeTR2 - Shoe Lake Trail #1119 second junction. No camping or fires in Shoe Lake Basin. Grazing, hitching, or tethering of stock within 200 ft of lake is prohibited. - mi 2288.8 - 6547 ft
ShoeLakeTR2 - Shoe Lake Trail #1119 second junction. No camping or fires in Shoe Lake Basin.
GS2290 - Small campsite - mi 2289.6 - 6337 ft
GoatRocksWild2 - Goat Rocks Wilderness northern boundary - mi 2290 - 6311 ft
GoatRocksWild3 - Goat Rocks Wilderness another boundary - mi 2290.8 - 5917 ft
ChairliftTR - Chair Lift Trail #1112 junction - mi 2291 - 5805 ft
TwinPeaksTR - Twin Peaks Trail #1144 junction - mi 2292.6 - 5434 ft
GinneletteLake - Ginnette Lake, campsite. - mi 2292.8 - 5419 ft
GoatRocksWild4 - Goat Rock Wilderness another boundary. - mi 2292.8 - 5417 ft
WA2294 - Stream at the end of a switchback. - mi 2293.7 - 4954 ft
SForkClearCreek - South Fork Clear Creek, wooden bridge. - mi 2294 - 4400 ft
Hwy12 - Highway 12 near White Pass [mi 2294 - 4409 ft], trailhead parking both north and south sides of the highway. White Pass is a small ski area 1/2 mile SW of the PCT on Hwy 12 with a motel [The Village Inn, whitepassvillageinn.com, 509-672-3131] and the Kracker Barrel convenience store [509-672-3105] with deli, laundry, and they accept hiker resupply packages. The town of Packwood is 20.5 miles W of the PCT on Hwy 12.

Ship resupply packages to:
(Your Name)
c/o Kracker Barrel Store
48851 US Highway 12
Naches, WA 98937

WhitePassTH - White Pass Trailhead, parking, picnic table, and outhouse, - mi 2295 - 4419 ft
Road499 - Unpaved Road 499. - mi 2295.1 - 4436 ft